An Evidence-Based Approach to Vitamins and Minerals: Health Benefits and Intake Recommendations

by Victoria J. Drake

An Evidence-Based Approach to Vitamins and Minerals: Health. An Evidence-Based Approach to Vitamins and Minerals: Health Benefits and Intake Recommendations is a trusted resource for the health professional who.


An Evidence-Based Approach to Vitamins and Minerals: Health Benefits and Intake Recommendations is a trusted resource for the health professional who needs to interpret the explosion of studies on the role of micronutrients in health and disease and who is concerned about the proliferation of dietary supplements now.

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