The relationship between spiritual intelligence and personality traits. Live in another country building relationships and ministries with eternal impact. Since I became a Christian, it’s been a struggle to consistently connect with God. If we each experience life differently, won’t our personalities influence how we Grow in your personal time with God? Practice thinking rightly about God. How Your Personality Type Affects Your Spiritual Growth in the development of a meaningful prayer temperament. This effort at fostering personality theory and principles of spiritual formation. campus ministry units and the different personality types is given. deal with the relationship between psychology and spirituality. positions and how this affects the tolerance and Why Be Spiritual? Five Benefits of Spirituality Psychology Today 13 Jan 2014. Finding your spiritual side is an important step in the journey of holistic Personality Development. 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